

## MISSION STATEMENT

The mission of Sage Memorial Hospital is to provide quality healthcare for the Diné people with respect, unity, beauty, harmony in honor of K'é and the sacredness of life.

A publication from Sage Memorial Hospital

# SAGE NEWS

## VISION STATEMENT

Sage Memorial Hospital's vision is to enhance the Diné philosophy of life while delivering innovative healthcare.

APRIL to AUGUST 2024



Bee lá'yídlí (Together/Unity) | Hodíłzin (Sacred) | Hózhó (Beauty/Balance) | 'H'íłi (Respect)



## Bridging Innovative Healthcare and Tradition: Celebrating Sage Memorial Hospital's Grand Opening



**PHOTO** -The dignitaries gather for ribbon-cutting ceremony to commemorate the opening of the new facilities at Sage Memorial Hospital.

**GANADO, Ariz.** - On August 23, 2024, Sage Memorial Hospital (SMH) celebrated the grand opening of its new \$177 million state-of-the-art facilities. The event was well attended by community members and leaders from across Indian Country who gathered to witness this milestone.

Delores J. Noble, Chairwoman of the SMH Board of Directors, welcomed attendees and highlighted the hospital's commitment to serving the Dine people with compassion

and excellence. "Thank you for being here with us to celebrate this happy occasion," said Noble. "This is not the end; it is just the beginning, and we have many more plans for the future."

Keynote speaker Roselyn Tso, Director of Indian Health Service, commended SMH's achievements and praised their commitment to providing quality healthcare to Navajo communities. Other notable speakers included Jonathan Nez, former Navajo Nation President; and various SMH

Board members.

Melinda White, CEO of SMH, expressed her gratitude to the community for their support and shared her vision for the future of the hospital. "We are excited to bring advanced healthcare services to our community," stated White. "Our continuous commitment to providing optimal healthcare and enhancing the patient experience is driven by our dedication to innovation, compassionate care, and creating a

holistic approach that respects our traditional way of life."

Following the memorable remarks, the official opening of the new facilities was marked by a ceremonial ribbon cutting. Attendees were then invited to an open house to explore department booths and learn about the services available at the hospital. The grand opening event

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**Sage Memorial Hospital Receives Art Donation from Medicine Man Gallery**

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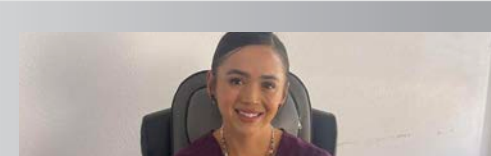
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## SAGE NEWS

THE NEWSLETTER OF  
SAGE MEMORIAL HOSPITAL  
SECOND QUARTER FY 2024  
(JANUARY TO MARCH) NO. 02  
PUBLISHED BY  
SAGE MEMORIAL HOSPITAL  
PUBLIC RELATIONS AND  
MARKETING DEPARTMENT.

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## A Message from the Chief Medical Officer

### *Yá'át'ééh!*



**KENNETH ANAEME**  
Chief Medical Officer  
Sage Memorial Hospital

As we move closer to the opening of our new facility, I would like to take a moment to recognize all who have worked tirelessly to accomplish this impressive goal. The entire construction crew, Sage Memorial Facilities Division, the consultants, nurses, allied staff, IT services, maintenance crews, and every other department came together to achieve the dream of a state-of-the-art hospital in Ganado, Arizona.

In keeping the vision of Sage Memorial's Board of Directors to provide innovative health care while enhancing the Diné philosophy of life, our brand-new hospital will provide a robust suite of medical services and state-of-the-art technology for all residents in our service area.

Some highlights of our services include a four-bed Intensive Care Unit staffed by ICU trained nurses, 24-hour physician coverage, and Tele-

Intensivist support. Other services include an Inpatient Hemodialysis Unit as well as new subspecialty medical services such as TeleStroke care, tele and in-person cardiology and pulmonology.

Sage Memorial's outpatient clinic also boasts subspecialties in the field of Rheumatology and Neurology. To complement these new services, Sage Memorial has in-house echocardiogram and cardiac rhythm testing as well as stress testing, sleep apnea testing, and pulmonary function testing.

Patients can expect to receive current, state-of-the-art treatment in a timely and cost-effective manner when they visit our new hospital. We aim to provide the "Right Care in the Right Place at the Right Time."

## BOARD MEMBERS

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## Sage Memorial Hospital Receives Art Donation from Medicine Man Gallery



**Photo - Mark Sublette, owner of Medicine Man Gallery in Tuscon, Arizona.**

**TUCSON -** Sage Memorial Hospital is pleased to announce a generous donation from Medicine Man Gallery in Tucson, Arizona. The gallery has gifted six exquisite pieces of art to enhance the environment of our new hospital

facility. We extend our heartfelt thanks to Mark Sublette and his dedicated team for supporting our mission and contributing to the healing atmosphere of our new space.

Mark Sublette, owner of Medicine Man Gallery, has expressed his enthusiasm for participating in the development of the new hospital. He highlighted the powerful role that art can play in the healing process, bringing comfort and inspiration to both patients and staff.

His contribution emphasizes the

importance of community support in our ongoing journey to provide exceptional healthcare service. The artworks will not only beautify the hospital, but also serve as symbols of hope and recovery, reinforcing the therapeutic environment we strive to create.

If you are interested in donation art please contact Christian Bigwater, Director PR/Marketing via email at [christian.bigwater@sagememorial.com](mailto:christian.bigwater@sagememorial.com).



**Photo (TOP-RIGHT/BOTTOM-RIGHT) - Images of an art pieces donated from Mark Sublette, owner of Medicine Man Gallery in Tuscon, Arizona.**

# Grand Opening

CONTINUED FROM PAGE 1

also included musical performances by local artists: Klagetoh Swingers, Destroy Kasmin, and Violinist Kylie Jim.

The 140,213 sq.ft. facility will include 25 beds; (16 Inpatient, 3 Labor/Delivery, 2 Postpartum and 4 ICU), a cutting edge emergency department, advanced medical imaging technology, pharmacy, operating room, labor and delivery and more. The hospital will also offer services such as physical therapy, dental care, and outpatient/specialty clinics.

The new facilities were initially set to begin inpatient services on September 30, 2024. However, due to set-back in the Arizona licensing processes, this date has been pushed back.

For more information on opening dates, please visit [www.sagememorial.com/grandopening](http://www.sagememorial.com/grandopening).



**PHOTO** - Front entrance signage of the new Sage Memorial Hospital facility located in Ganado, Arizona.



**PHOTO** - Roselyn Tso delivered a keynote address.



**PHOTO** - Back drop for stage located under the event tent.



**PHOTO** - Crowd of local attendees gathered inside tent area.



**PHOTO** - Event registration started at 9:00 AM.

# Sage Memorial Hospital's New Traditional Program: A Comprehensive Approach to Integrative Healthcare

**GANADO, Ariz.** - Sage Memorial Hospital is pleased to announce the start of a new Traditional Program, led by Traditional Practitioner, Harrison Jim. Harrison Jim has many years of experience in traditional healing. After serving in the military, he was inspired by his cultural heritage and started focusing on traditional and Native American Church ceremonies. He began his professional career in behavioral health in 1995 at the Detox Center in Gallup, where he was hired the same day he was interviewed. Over the next nine years, he developed important programs that helped many people.

After working at the Detox Center, Harrison made significant contributions at the Fort Defiance Indian Hospital, where he created a tradition program at the Adolescent Care Unit. His dedication to traditional healing led him to work in Canada and later at the Shiprock Indian Hospital before joining Sage Memorial Hospital.

At Sage Memorial Hospital, Harrison Jim has both short-term and long-term goals to improve healthcare for our patients. Over the next two years, he plans to set up a Teepee and sweat lodges for men and women, build a hogan, and create a curriculum that combines traditional

healing with modern medical practices. This traditional intervention framework aims to address illnesses and symptoms that might be hard to diagnose with conventional methods.

The Traditional Program will also support the medical unit by offering traditional ceremonies, such as protection ceremonies, blessing way ceremonies, and cedar blessings, to help diagnose and treat difficult symptoms. If needed, Harrison will work with other traditional practitioners to ensure patients get the best care.

Harrison Jim's journey into traditional healing was inspired by his mother, who taught him the

importance of ceremonies from a young age. Although he initially wanted to operate heavy equipment, he found a fulfilling career in mental health, behavioral health, and substance abuse counseling thanks to his mother's guidance.

Harrison is dedicated to blending traditional practices with modern healthcare. Even though he just started at Sage Memorial Hospital, he has already seen positive changes in patients who are embracing their traditions as part of their health journey. Harrison remains humble, crediting his success to the holy people who guide him.



**PHOTO** - Harrison Jim, Navajo traditional practitioner, stands in front of a teepee setup for ceremonial purposes.

## Get trained in **Mental Health First Aid**

### Why Mental Health First Aid?

Teaches you how to identify, understand, and respond to sign of a mental health, and substance use challenge among adults

**Who needs to know about Mental Health First Aid? Everyone!**

Employers, Police Officers, Hospital Staff, First Responders, and Caring Individuals.

### REGISTER TODAY!

Adult Mental Health First Aid Training



When: 9/26/2024

Time: 8:30 AM - 3:00 PM

Where: SMH Behavioral Health

### Learning Objectives:

Learn how to apply the MHFA Action Plan (**ALGEE**)

- **A**ssess for risk of suicide or harm.
- **L**isten Nonjudgmentally
- **G**ive reassurance and information
- **E**ncourage appropriate professional help
- **E**ncourage self-help and other support strategies

**Contact Us:** cope.grant@sagememorial.com; (928) 755-4587/4574

# Sage Memorial Hospital Celebrates National Hospital Week

**GANADO, Ariz.** - Sage Memorial Hospital celebrated National Hospital Week this year with a variety of fun events and activities for its dedicated healthcare workers. From May 12th through May 18th, employees were encouraged to dress up according to the daily themes and participate in games, contests, and raffles.

The week kicked off on Monday with a cakewalk led by the Communications team and horseshoe game led by the Quality Management Team.

Tuesday was themed “Heros vs. Villains,” day and staff could show off their creativity by dressing up as either a hero or villain from their favorite movies, books, or TV shows. A donut and coffee social was also held at the cafeteria to fuel up our hard-working staff before they took on the day’s activities.

Wednesday brought out everyone’s competitive spirit with a crossword puzzle challenge hosted by the Medical Imaging department. Employees also wore their favorite sports jerseys for “Jersey Day” and enjoyed a popcorn social at the inpatient pharmacy.

On Thursday, Sage Memorial Hospital celebrated its diverse workforce with “Cultural Day.” Employees dressed in traditional clothing from their respective cultures and participated in a watermelon eating contest, scavenger hunt, and fruit/veggie scramble. The day ended with a game of “Name That Tune” hosted by the Rehab/PT department.

The week wrapped up on Friday with a western-themed day. Staff showed off their cowboy hats and boots while participating in activities such as a water balloon toss, grilled hot dog lunch provided by security, and root beer floats courtesy of the lab department.

National Hospital Week is an opportunity to recognize and appreciate the hard work and dedication of healthcare professionals who tirelessly serve their communities. Sage Memorial Hospital is proud to honor its employees and their commitment to providing quality care to those in need.

For more information on Sage Memorial Hospital and its services, please visit [www.sagememorial.com](http://www.sagememorial.com)



**PHOTO TOP** - SMH staff line up for the fruit scramble event.

**PHOTO CENTER-LEFT** - Lunch is served, catered by Bidii Chidi.

**PHOTO CENTER-RIGHT** - A painting canvas and paint set are arranged, where both the public and staff partake in an artistic expression.

**PHOTO BOTTOM** - Vendors set-up during Hospital Week.

# Color Run Brings Together Community to Support Diabetes Program

**GANADO, Ariz.** - On May 30th, Sage Memorial Hospital, in collaboration with the Wellness Center and the Diabetes Program, hosted a Color Run event, bringing together over 100 participants ranging from babies to elderly. The event aimed to raise awareness and support for diabetes prevention and management within the community.

The Color Run was a colorful experience as participants navigated the course while being covered in vibrant, non-toxic powders, symbolizing the colorful journey of health and wellness. The event served not only as a fun community gathering but also as an opportunity to promote physical activity, which is crucial in managing and preventing diabetes.

“We are overwhelmed by the community’s enthusiasm and support,” said a representative of the Wellness Center. “Events like these

highlight the importance of unity and collective effort in tackling health issues.”

The Wellness Center staff gave a special thanks the SMH Security, Facility Maintenance, Communications, and EVS staff, for their support and hard work in ensuring the event’s success.

Additionally, the Wellness and P4 staff played an essential role in the seamless execution of the Color Run, making it an unforgettable experience for all involved.

**PHOTO** - *Participants showcase vibrant energy and enthusiasm during the annual Color Run at the Sage Memorial Wellness Center, May 30.*



# OPD Team Honored with Prestigious Immunization Award

**PHOENIX** - Members of SMH OPD Team, Geneva Spencer, Lead CPhT, Kileen Black, OPD Lead MA, and Priscilla Lee, OPD Lead MA, were recently awarded The Daniel T. Cloud Outstanding Teen Practice Immunization Award by The Arizona Partnership for Immunization (TAPI).

This prestigious award recognizes exceptional efforts made by healthcare providers to promote immunizations for teens. The SMH OPD Team was chosen for their outstanding dedication to improving community health through their teen immunization programs and initiatives.

The SMH OPD Team, along with other community health professionals and organizations, were recognized at TAPI’s Annual Luncheon on April 23, 2024 at the DoubleTree by Hilton in Phoenix, Arizona. They received a plaque commemorating their achievement



**PHOTO** - *SMH OPD Team were recently awarded The Daniel T. Cloud Outstanding Teen Practice Immunization Award by The Arizona Partnership for Immunization (TAPI).*

# Inspirational Messages from Sage Memorial's Nurses



**KAREN APOSTOL**  
Registered Nurse  
Sage Memorial Hospital

Karen Apostol, Dialysis Registered Nurse, is originally from the Philippines and has spent 8 years in human dialysis. She studied at Saint Louis University in her hometown and was inspired by her parents to pursue nursing with passion and dedication.

Her journey brought her to Sage Memorial in March of 2024, following her 2018 interest in her current role.

## Challenges

Apostol faces a few challenges in the U.S. such as the difference in culture and the environment, as well as technology.

## Message for new nurses

Apostol's message to nurses is, "Just try and try, have hope because right now it's kind of hard to get here, through the process... a lot of different countries are wanting to come here, and that's the big challenge".



**TODD GILBERT**  
ED RN Supervisor  
Sage Memorial Hospital

Todd Gilbert is the ED RN Supervisor and has been with Sage Memorial Hospital for two months. He values the community, the welcoming environment, and his supportive colleagues. Todd studied at The University of Tennessee, where he built a strong foundation in nursing, and earned his master's degree at the University of Arizona, enhancing his healthcare skills. His passion for human dialysis was inspired by his supervisor, Whitney Lacrore, who served as his mentor. Todd became interested in his position three months ago and enjoys working with the community.

## Challenges

Gilbert encountered staffing challenges in aligning the right personnel with the right positions to form an effective team. Additional challenges included maintaining high-quality standards and ensuring patient safety.

## Message for new nurses

Gilbert's message current and future employees is that, "There is not a finer place to work... the administration here is wonderful, the staff is wonderful, the providers are excellent and great coalitions, there not a better place to be part of a team and to work for a community".



**JEFFERY LAURIN**  
Registered Nurse  
Sage Memorial Hospital

Jeffery Laurin is a RN signed his contract with Sage Memorial Hospital on June 10, 2024. He has been here a few months now and plans to extend his contract, as he appreciates the welcoming environment and friendly staff.

He pursued his nursing education in Florida, beginning at the Arthur Ash Atlanta Technical Center. He then attended Miami Dade College to earn his RN and completed his BSN at Florida Atlantic University in Boca Raton. Right now he's studying to earn his Masters at Walden University.

Laurin was inspired to pursue a career in nursing by his mother, who shared his passion for nursing.

Laurin developed an interest in his current position while working as an LPN. Inspired by a CRNA on TikTok who discussed student nurses advancing their skills, he was motivated to pursue a path into the ICU.

During his journey to secure an ICU position, he faced numerous challenges, undergoing seven interviews. It was a significant hurdle, taking him a year to pass the RN NCLEX, ultimately leading to his role as an ICU nurse. He's interested in the ICU role because he wants to become a CRNA.

## Challenges

The challenges Laurin faced is navigating the different situations or positions you're placed in. Other, challenges include rarely getting to see his family members because of work obligations.

## Message for new nurses

Laurin's message for the new nurses or any position in the medical field coming into Sage Memorial, is that it is not easy, it is doable, and you need to be disciplined, dedicated,... and responsible for peoples lives. "You're responsible for the peoples love ones...you're responsible for someone's life, their lives are in your hands."

People trust you with the care your giving them Lauren explains, "so [you]make sure you're constantly educated...education starts when a patient is admitted."

Laurin goes on with advices for the new nurses. "For the new nurse, you can do it. Have [yourself] a support system, have study groups, remove yourself from distractions."

"It's ok to have some time for yourself because you might have mental break downs and overbearing, overwhelming," said Laurin. "Just go out and treat yourself, take a breather, and just have a 'me' moment, celebrating or graduating of your accomplishment for that week, you made it through another week".

**Join our nursing team.  
For more information  
visit us on-line at  
[sagememorial.com/  
nursing](https://www.sagememorial.com/nursing)**



# Important Traffic Update: Changes to Sage Memorial Hospital Entrance/Exit

**GANADO, Ariz.** - Sage Memorial Hospital has installed a “porkchop” traffic divider at its old entrance on Highway 264 and Navajo Route 191.

This ADOT-mandated improvement aims to enhance traffic safety and will permanently change entry and exit routes to our hospital campus (Please refer to the map for details).

Once the “porkchop” traffic divider installation is complete, the following traffic regulations will be in effect:

## Exiting the Campus

Via “Porkchop” Road: Traffic may only turn right onto Highway 264.

Via Cedar Hills Road: Traffic may turn right or left onto Highway 264 via traffic light.

## Entering the Campus

Via “Porkchop” Road: Westbound traffic on State Highway 264 can turn right into the campus via right

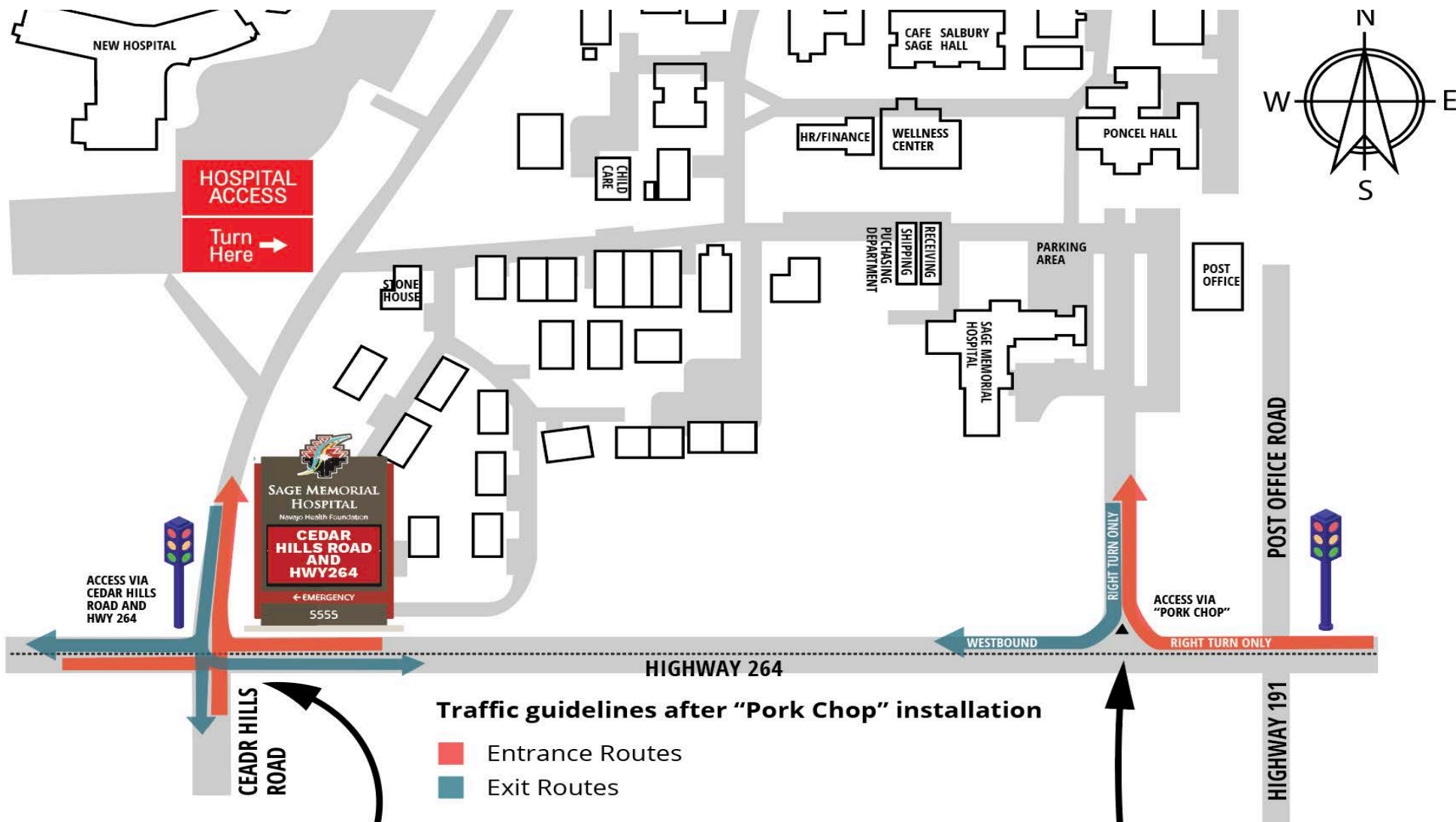
turn lane. Eastbound traffic on State Highway 264 cannot turn left into the campus and should instead use the new entrance located at Cedar Hills Road and Highway 264.

Via Cedar Hills Road: Both westbound and eastbound traffic can turn onto the campus via entrance located at Cedar Hills Road and Highway 264 via traffic light.

Our top priority is ensuring the safety and well-being of our patients, visitors, and staff. We apologize for

any inconvenience that may occur during this construction period. Please follow the designated detour routes to avoid any delays in reaching our hospital.

Thank you for your understanding and cooperation.



Traffic guidelines after “Pork Chop” installation

- Entrance Routes
- Exit Routes

### Cedar Hills Road and Highway 264 entrance /exit:

- **Entering Campus:** Both westbound and eastbound traffic on Highway 264 can access the campus at Cedar Hills Road via the traffic light.
- **Exiting Campus:** Traffic can exit the campus onto westbound and eastbound Highway 264 via the traffic light, or proceed straight onto Cedar Hills Road.

### “Pork Chop” road entrance /exit:

- **Entering Campus:** Westbound traffic on Highway 264 can **ONLY** turn right into the campus. Eastbound traffic **CANNOT** turn left due to the divider. Instead, use the new entrance at Cedar Hills Road and Highway 264.
- **Exiting Campus:** **ONLY** right turns onto westbound Highway 264 are allowed.

# Mobile Health Unit September 2024 Schedule



**PHOTO** - Mobile health unit providing services to the surrounding communities.

**GANADO, Ariz.** - Sage Memorial Hospital's mobile health unit is committed to delivering a variety of outpatient services to our rural communities in the surrounding area.

Please find attached the Mobile Health Unit SEPTEMBER 2024 Schedule (for distribution). Services provided by the Sage Memorial Hospital Mobile Health Unit (available on varying days and locations) include:

- Diabetes Screening & Education
- Sexual Healthcare
- Immunizations (11yrs +)
- Harm Reduction Services
- Gender Expansive Care
- Walk-in Services
- Medication Refills

- Referrals
- Sports Physicals

Please note that Mobile Health Unit's operation days and times are subject to change. Services are for individuals 12 years and older. A physical form **MUST** be completed and signed.

A parent/guardian of a minor **MUST** be present during the exam. For updates and changes, we recommend checking our Facebook or Instagram pages @sagememorial.

For any questions, please visit [sagememorial.com/mobilehealth](http://sagememorial.com/mobilehealth) or call the following numbers:  
 Diabetes Clinic: (928) 755-4813/4835,  
 Community Health: (928) 755-4643,  
 P4 Office: (928) 755-4814.

## Mobile Health Unit Schedule for the Month of September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HOLIDAY	<b>9/3</b> - Mobile Clinic Kinlichee Chapter 10AM - 2PM	<b>9/4</b> - Infectious Disease & Diabetes Clinic 9AM - 5PM P4 - NN Kids Day	<b>9/5</b> - Mobile Clinic Nazlini Chapter 10AM - 2PM	• <b>9/6</b> - CHN Home Visits	
	<b>9/9</b> - CHN Home Visits	<b>9/10</b> - Mobile Unit at Wide Ruins Chapter 10AM - 2PM	<b>9/11</b> - Infectious Disease & Diabetes Clinic 9AM - 5PM	<b>9/12</b> - Mobile Clinic Klagetoh Chapter 10AM - 2PM	<b>9/13</b> - CHN Home Visits	
	<b>9/16</b> - CHN Home Visits	<b>9/17</b> - Mobile Clinic Ganado Chapter 10AM - 2PM	<b>9/18</b> - Infectious Disease & Diabetes Clinic 9AM - 5PM	<b>9/19</b> - Mobile Clinic Cornfields Chapter 10AM - 2PM	<b>9/20</b> - CHN Home Visits	
	<b>9/23</b> - CHN Home Visits	<b>9/24</b> - Mobile Clinic Greasewood Chapter 10AM - 2PM	<b>9/25</b> - Infectious Disease & Diabetes Clinic 9AM - 5PM	<b>9/26</b> - Mobile Clinic Steamboat Chapter 10AM - 2PM	<b>9/27</b> - CHN Home Visits	

## Sage Memorial Hospital's Participation at the National Tribal Health Conference

**SOUTH DAKOTA** - Sage Memorial Hospital (SMH) CEO Melinda White recently took part in a panel discussion at the National Tribal Health Conference held on May 22. The session, titled "Section 105(I) Leasing: Advancing Tribal Health Equity Through ISDEAA Lease Funding," provided insights and perspectives on the Section 105(I) as it relates to SMH.

In her presentation White highlighted SMH's efforts in promoting health equity within tribal communities through innovative programs and partnerships.

"Participating in events like the National Tribal Health Conference is an opportunity for us to share our experiences and learn from others who are also working towards the same goal of advancing health equity in tribal communities," said White.

Kathryn Barron, NP, was also present to discuss SMH's Mobile Health Program and Syndemic Harm Reduction and Disease Prevention Services. The presentation showcased SMH's unique approach to mobile health delivery and harm reduction strategies, which have been successful in addressing health disparities within

the community.

"We are proud to be able to showcase how we are using innovative approaches such as our Mobile Health Program to provide accessible healthcare services and promote healthier lifestyles among tribal members," said Barron during her presentation. "Our Syndemic Harm Reduction and Disease Prevention Services have also contributed to reducing the burden of chronic diseases within our community."

Sage Memorial Hospital's participation at the National Tribal Health Conference serves as a

testament to their commitment to improving health equity and addressing health disparities in tribal communities. Through their efforts, SMH continues to make a positive impact on the lives of individuals and families within their community.



# Celebrating Excellence: Congratulations to our employees of the month

Employee of the Month embodies Sage Memorial Hospital's core values, mission, and vision in every aspect of ones work. Their exceptional customer service skills, paired with compassion, make them a standout role model within our organization. This award not only acknowledges their positive and resourceful contributions to enhancing customer service and patient care, but also highlights their dedication to creating a supportive and welcoming environment for everyone they encounter. Their efforts have made a significant impact, inspiring others to strive for excellence in their roles as well.



## EMPLOYEE OF THE MONTH

April 2024

**MISTY BEGAYE, M.A.**

Ms. Misty Begay is being recognized for April 2024 Employee of the Month. She is described as an attentive staff member to her patients and all visitors at the Outpatient Department and Poncel Hall. Patients have recognized her through Patient Satisfaction Surveys by name, which exemplifies her customer service and deep respect for others. Her attention to detail in her daily tasks, does not go unnoticed, as she is always well prepared for procedures before hand. Misty shows great team player skills with her team and deserves recognition as Employee of the Month.

SMH Mission, Vision, and Values are represented well with Ms. Misty Begaye. SMH is appreciative of your service, Ahe'hee!



## EMPLOYEE OF THE MONTH

May 2024



**TIAYRRA CURTIS**

Ms. Tiayrra Curtis is very organized and manages the BOD, and three Executive Members. She keeps the Executive organized with schedules, manages minutes, and prepares travel. She also volunteers to assist with the planning activities for departments and hospital wide. Tiayrra helped create the standards of behavior, and committee which developed the standards of behavior booklet. The team presented and approved the standards of behavior at the annual BOD meeting. Tiayrra goes above and beyond for her job duties without hesitation. We know the amount of effort that you put into your job and we assure you that your efforts are appreciated.



## EMPLOYEE OF THE MONTH

JUNE 2024

**AUSTIN BEGAY, CPHT**



Austin Begay consistently demonstrated exceptional performance in his role as a pharmacist in the Pharmacy Department. His hard work, dedication, and attitude have made a significant impact on the team and contributes to Sage Memorial Hospital. Mr. Begay is a great individual to work with, he demonstrates willingness to always put a patient care first, multitasker and works great under pressure with a positive attitude. Congratulations and keep up the fantastic work!

SMH Mission, Vision, and Values are represented well with Austin Begay. SMH is appreciative of your service, Ahe'hee!



## EMPLOYEE OF THE MONTH

JULY 2024

**KIMBERLANE TODECHINE, ERT**



Kimberlane Todechine is always a step ahead knowing what the nurses need. She updates about the transfers or flight delay as soon as possible. She goes above and beyond for the patients to have snacks that have been waiting in the ER room for several hours. Has a Positive attitude no matter the situation and is always thinking of others. Your outstanding performance is an inspiration to us and keep up the amazing work.

SMH Mission, Vision, and Values are represented well with Kimberlane Todechine. SMH is appreciative of your service, Ahe'hee!



# Enhancing Patient Care Through Continuous Improvement: An interview with Rehabilitation Director Deidrea Salabye



**PHOTO** - Director of Rehabilitation Deidrea Salabye.

Our student employee Keanu Mitchell sat down with the Director of Rehabilitation Deidrea Salabye to attain more information on the Physical Therapy Department at Sage Memorial Hospital.

**Keanu: What is the main goal of physical therapy?**

Deidrea: The main goal is to rehabilitate patients by educating them on how to facilitate their healing after an injury, surgery, or patients with chronic pain or other issues. Also to educate patients on how to strengthen their bodies and get their bodies to move better. There is a lot of education and demonstration for the process of teaching patients different exercises and stretches to help their bodies.

**Keanu: What makes Sage Memorial Hospital's Physical Therapy different?**

Deidrea: Sage Memorial Hospital's therapists and the services they provide to their patients. The therapists here at Sage Memorial Hospital are incredibly well trained and have years of experience. The therapists are empathetic, caring, and they are great with specific patient's needs. They are hands on, patient, and

they listen to their patients needs. **Keanu: What do you admire most about the Physical Therapy department here at Sage?**

Deidrea: The work ethic of the physical therapy department, they are very hands on and work hard to have the clinic run more efficiently and provide services that patients deserve.

**Keanu: Is there any improvements you want to make in the physical therapy department?**

Deidrea: Policy writings is an improvement that they are now working on because the current policy is outdated. Policies give guidance on how to run the physical therapy department more efficiently. Another improvement they want to make is [to have] all permanent staff.

**Keanu: Do you have any additional comments?**

Deidrea: The physical therapy department strongly believes in the mission, vision, and values of Sage Memorial Hospital. They are running efficiently following the mission, vision, and values. The Physical Therapy department is very thankful for the support from the executive team.

# Enhancing Safety: SMH's Proactive Approach to Active Shooter Preparedness



**GANADO, Ariz.** - Sage Memorial Hospital (SMH) in partnership with the Apache County Sheriff's Office (ACSO) recently held an active shooter training for hospital staff. The training was a success, equipping employees with life-saving skills and knowledge on how to react during an

active shooter situation.

The training was organized by Jonathan Hale, SMH's Safety Officer, who worked closely with ACSO to ensure that the training was tailored specifically to the hospital setting. The goal of the training was to prepare hospital staff for potential active shooter situations and provide

them with the necessary tools and techniques to respond effectively.

Throughout the day-long training, employees were trained on how to identify potential threats, develop situational awareness, and take immediate action during an active shooter incident. They also learned how to communicate effectively with law enforcement and emergency responders.

"We are grateful for the opportunity to partner with the Apache County Sheriff's Office for this important training," said Hale. "The safety of our staff and patients is our top priority, and we want to ensure that everyone at SMH is prepared in case of an active shooter situation."

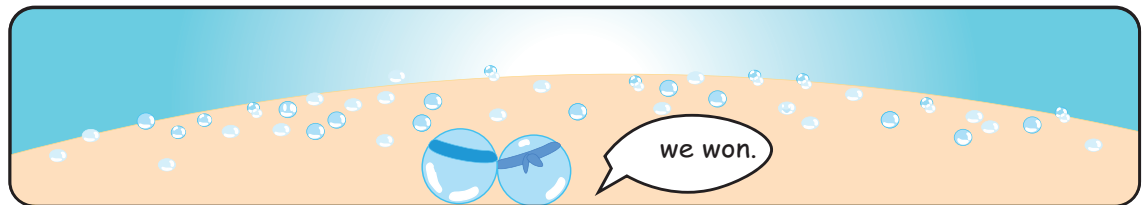
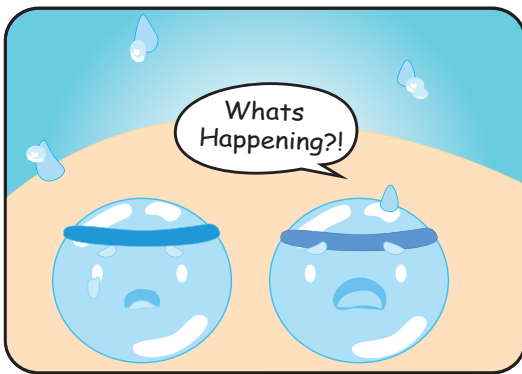
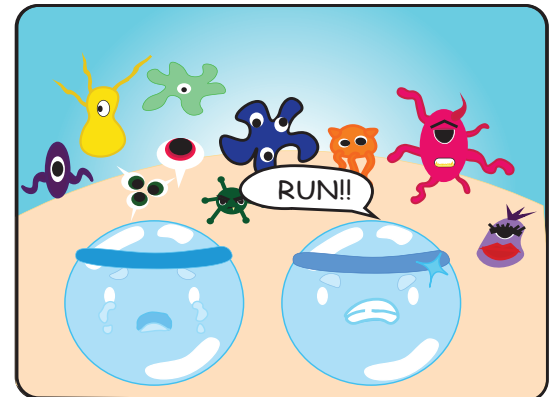
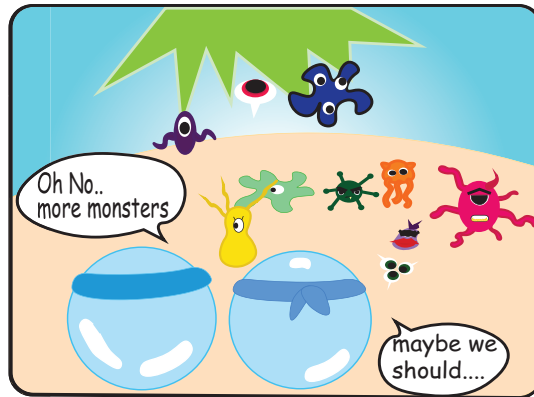
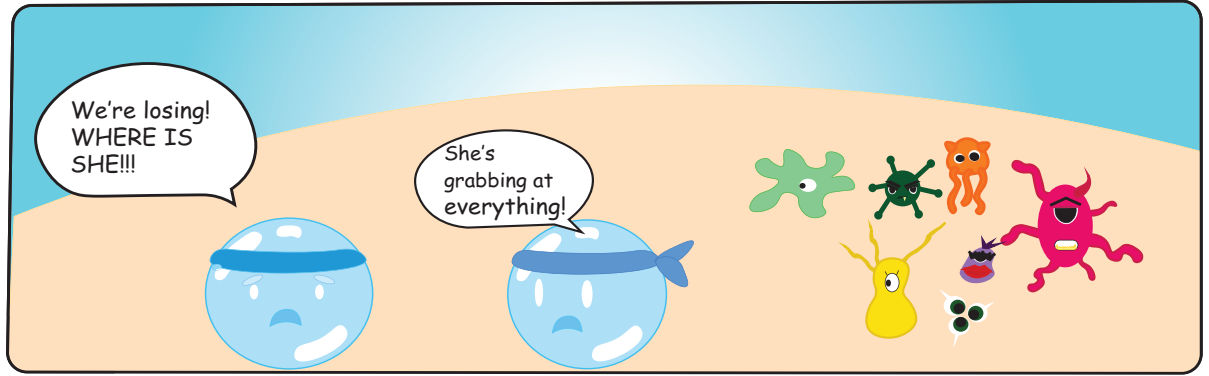
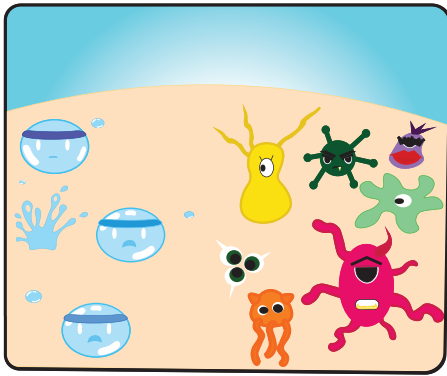
The training also included a hands-on simulation exercise where employees were able to put their newly acquired skills into practice.

This allowed them to experience a realistic scenario and learn how to respond under pressure.

"Active shooter situations can happen anywhere, including healthcare facilities," said Sheriff Mark Dannels of ACSO. "We are proud to work with Sage Memorial Hospital in providing their staff with the necessary tools and knowledge to protect themselves and their patients during an emergency."

The partnership between SMH and ACSO is a testament to the commitment of both organizations in ensuring the safety and well-being of the community. The hospital plans to hold similar trainings in the future to continue promoting a safe environment for all.

# Battle of the Bubbles *by Delilah Clark*



# DON'T BE THE BAD GUY



# WASH YOUR HANDS